

HUMAN DEVELOPMENT

- This worksheet is intended for supplemental use only. The University will use your Academic Requirements Report (ARR) to track your graduation requirements, including those for your major. Please continue to check your ARR for accuracy.
- If your ARR requires a correction, please submit an ARR Correction Form at www.csusm.edu/academicadvising.
- Your [Degree Planner](http://mycsusm.edu) (in mycsusm.edu) will display the following requirements in the University’s recommended sequence.
- All courses used for the major and preparation for the major must be completed with a grade of C (2.0) or higher.
- A minimum of 18 units counted towards the major must be completed at CSUSM.
- All non-articulated courses MUST be reviewed and approved by a faculty advisor.

LOWER-DIVISION PREPARATION FOR THE MAJOR (15 UNITS)

✓ <input type="checkbox"/>	Course	Units
<input type="checkbox"/>	ANTH 200: Cultural Anthropology	3
<input type="checkbox"/>	HD 101: Introduction to Human Development Across the Lifespan	3
<input type="checkbox"/>	HD 102: Preparatory Skills for Human Development Majors	3
<input type="checkbox"/>	HD 220: Statistics in Human Development	3

Select 1 of the following courses:

HD 230: Research Methods in Human Development (*HD 220)

HD 231: Action Research in Human Development (*HD 220)

✓ <input type="checkbox"/>	Course	Units
<input type="checkbox"/>		3

UPPER-DIVISION COURSEWORK (46 UNITS)

Core Coursework (25 units):

✓ <input type="checkbox"/>	Course	Units
<input type="checkbox"/>	HD 301: Theories of Human Development (*HD 101)	3
<input type="checkbox"/>	HD 302: Human Development in Childhood (*HD 301)	3
<input type="checkbox"/>	HD 303: Human Development in Adolescence (*HD 301)	3
<input type="checkbox"/>	HD 304: Human Development in Adulthood (*HD 301)	3
<input type="checkbox"/>	HD 305: Administration in Human Service Settings (*HD 101; upper-division standing)	3
<input type="checkbox"/>	HD 490: Human Development in Perspective (*senior standing)	3
<input type="checkbox"/>	HD 495: Field Experience in Human Dev (*senior standing; ~Orientation required)	3
<input type="checkbox"/>	HD 497: Applied Research in Human Development (*HD 230 or 231; senior standing)	4

Option Requirements (12 units):

Select one Option below for course requirements:

- ___ **Counseling Services Option**
- ___ **Health Services Option**
- ___ **General Option**

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Counseling Services Option:

✓	Course	Units
<input type="checkbox"/>	HD 360: Effective Counseling Interventions (*LD Prep for the Major)	3
<input type="checkbox"/>	HD 361: Interpersonal, Interviewing, Interaction Skills (*LD Prep for the Major)	3
<input type="checkbox"/>	HD 382: Anti-Racism, Social Justice, and Human Development (*junior or senior standing)	3
<input type="checkbox"/>	HD 383: Perspectives on Children, Youth and Families (*LD Prep for the Major)	3

Health Services Option:

✓	Course	Units
<input type="checkbox"/>	HD 350: Health and Human Development (*LD Prep for the Major)	3
<input type="checkbox"/>	HD 351: Health Disparities in Human Development (*LD Prep for the Major)	3
<input type="checkbox"/>	HD 384: Social and Public Policy in Human Development (*LD Prep for the Major)	3

Select 1 of the following courses:

- BIOL 321: Human Physiology
- BIOL 323: The Physiology of Nutrition and Disease (*instructor consent)
- BIOL 325: The Physiology of Exercise and Health

✓	Course	Units
<input type="checkbox"/>		3

General Option:

Select 6 units upper-division requirements from other options and 6 units of upper-division HD Elective courses (courses will NOT count twice to meet requirements).

✓	Course	Units
<input type="checkbox"/>		3
<input type="checkbox"/>		3
<input type="checkbox"/>		3
<input type="checkbox"/>		3

Elective Coursework (9 units):

Select 9 units from the following courses:

- BIOL 327: Biology of Human Reproduction
- BIOL 328: Human Heredity
- BIOL 329: Biology of Aging
- HD 380: Child and Youth Development (*LD Prep for the Major)
- HD 381: Youth Violence (*LD Prep for the Major)
- HD 385: Ecological Systems Perspectives (*LD Prep for the Major; junior or senior standing)
- HD 386: Human Development in Global Contexts (*HD 101)

✓	Course	Units
<input type="checkbox"/>		3
<input type="checkbox"/>		3
<input type="checkbox"/>		3