



Cougar Care Network

Our Mission:

Provide information, connection to resources, advocacy and support for students undergoing personal, academic, financial or other challenges that may adversely affect their academic success and college experience.

TOTAL STUDENT REFERRALS

AY21-22
3,181

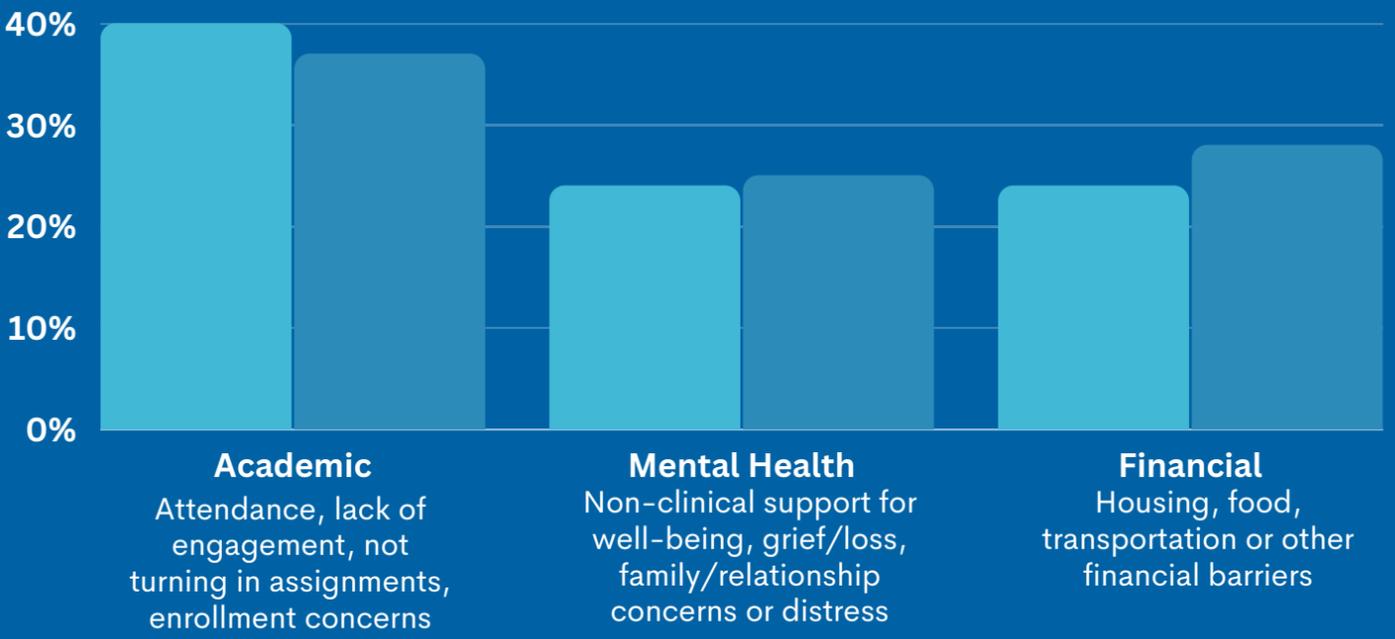
AY22-23
3,370

↑ 31% increase
in referrals
since 2021

↑ 6% increase
in referrals
since 2022

PRIMARY REFERRAL CONCERNS

■ AY21-22 ■ AY22-23



Academic

Attendance, lack of engagement, not turning in assignments, enrollment concerns

Mental Health

Non-clinical support for well-being, grief/loss, family/relationship concerns or distress

Financial

Housing, food, transportation or other financial barriers

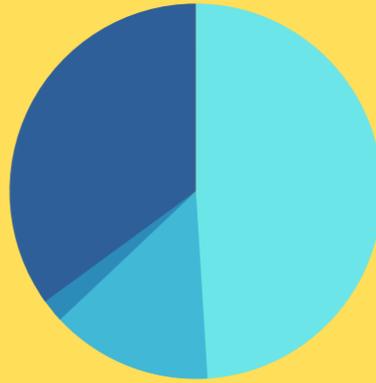
CCN Referral Sources AY22-23

Students/Self
35%

Faculty
49%

Family/Other
2%

Staff
14%



Swipe Out Hunger

Through Giving Day and other generous donations, CCN provides up to 10 free meals per semester to students with food insecurity.

Total Meals Distributed in AY 22-23:
748

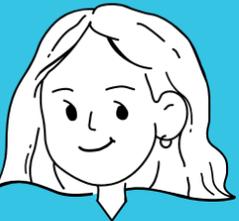
Total ASI Emergency Fund Referrals Processed:

533

Most Requested Resources

- ASI Cougar Pantry & Local Food Pantries
- Student Health & Counseling Services
- ASI Student Emergency Fund
- Campus Identity Centers such as Pride, Black Student, Latinx, etc.
- PASS/Tutoring
- Disability Support Services

Testimonials from Students



The CCN staff member was so gracious with me. She was empathic, reached out to my professors to give me extended time for assignments, and she also checked in with me to see how I was doing. It was so comforting. I will never forget the experience, and people who supported me in one of my lowest moments in life. Thank you all for all you do.

I don't know if I would've been able to complete this semester without your help.



Thank you for being amazing and for guiding me through the hardest times of my life.



Contact Cougar Care Network:

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Follow Us on Instagram!
→ @csusmccn

