

CSUSM

Veterans' Center

PRESENT

Dept of Public Health

YOGA FOR STUDENT VETERANS



Learn about yoga in a safe, engaging environment with other student veterans.



Free
Classes

3 Class times!

Monday @ 5:30p

Tuesday @ 9:30a

Wednesday @ 5:30p



Help develop a future program!



Follow

@monatherunningyogi

Classes will be taught by Ramona of the Public Health Department. Any Questions, call or text 951-805-3011